

## FAMILIES AND FLOOD EVACUATION

# Items to Take for Children Evacuating

**Sean Brotherson**

Family Science Specialist

**Evacuating from their home obviously is stressful for children.**

**Plan ahead by packing a disaster supplies kit for each of your children to grab if your family has to evacuate.**

## For all children

- Medical equipment if needed by the child, and prescription and over-the-counter medications
- Changes of clothing for several days
- A pillow and/or familiar blanket
- Favorite books, toys, hand-held games, music devices, board games, etc., to occupy your child's attention
- Favorite toys or items that provide security, such as a stuffed animal or blanket
- A few favorite personal or family photos
- Toiletry items such as toothbrush and toothpaste, comb or brush
- A page with identification details about your child (height, weight, hair and eye color, etc.), a photo that shows you with your child, any needed medical information, contact names and phone numbers (information of family members or others to contact) in case your child gets separated from you

## For infants

- Formula and/or baby food
- Diapers and baby hygiene items
- Bottles, baby spoon

## For older children

- Markers, pens or pencils and paper to occupy their time and write or draw what they're experiencing
- Laptop or tablet and charger

If you have time, have older children pack their own kits and prioritize what to take. This will help them feel more in control.

Put the items in a backpack or wheeled suitcase that older children can carry.

Remind children that you'll take care of them and they'll be safe.

**NDSU**

EXTENSION

NDSU Extension does not endorse commercial products or companies even though reference may be made to tradenames, trademarks or service names.

**For more information on this and other topics, see [www.ndsu.edu/extension](http://www.ndsu.edu/extension)**

County commissions, North Dakota State University and U.S. Department of Agriculture cooperating. NDSU does not discriminate in its programs and activities on the basis of age, color, gender expression/identity, genetic information, marital status, national origin, participation in lawful off-campus activity, physical or mental disability, pregnancy, public assistance status, race, religion, sex, sexual orientation, spousal relationship to current employee, or veteran status, as applicable. Direct inquiries to Vice Provost, Title IX/ADA Coordinator, Old Main 100, 701-231-7708, [ndsu.eoaa@ndsu.edu](mailto:ndsu.eoaa@ndsu.edu). This publication will be made available in alternative formats for people with disabilities upon request, 701-231-7881.